

THANK YOU TO OUR SPONSORS AND FUNDERS



les films...

Le vendredi 12 octobre à 19 h 30

MODIFIED

Réalisatrice : Aube Giroux | Canada | 2017 | anglais et français avec sous-titres anglais | 87 min

Le samedi 13 octobre à 16 h

CHEF FLYNN

Réalisateur : Cameron Yates | É.-U. | 2018 | anglais | 83 min

Le samedi 13 octobre à 19 h 30

THE HEAT: A KITCHEN (R)EVOLUTION

Réalisatrice : Maya Gallus | Canada | 2018 | anglais | 75 min

Le dimanche 14 octobre à 16 h

SEEDS OF TIME

Réalisatrice : Sandy McLeod | É.-U. | 2015 | anglais | 77 min

BILLETS : 15 \$ (taxes incl.)

LAISSEZ-PASSER :

4 films pour 50 \$ (taxes incl.)

avec le **bon gastronomique du festival** à ces commerces locaux :

Bistro Rutherford

La Confiserie

Le Hibou

Les Fougères

Maison du village / The Village House

MJMD Pizza de Luigi

Moulin Wakefield Mill

Renseignements, bandes annonces, billets, laissez-passer disponibles en ligne au

WAKEFIELDDOCFFEST.CA

HORAIRE			
	12 OCT	13 OCT	14 OCT
16h		Chef Flynn	Seeds of Time
19h30	Modified	The Heat: A Kitchen (R)evolution	

theatre wakefield presents



Four tasty films about our relationship to food – growing it, preparing it and eating it.

WAKEFIELD DOC FEST WEEKEND

12 - 14 OCTOBER 2018

Centre Wakefield La Pêche

38 chemin de la Vallée-de-Wakefield

WAKEFIELDDOCFFEST.CA

Friday, October 12, 7:30pm

MODIFIED

Dir: Aube Giroux | Canada | 2017 | 87 min | English & French with English subtitles



Both intense personal story and thorough, fascinating investigative journey, **Modified** asks why genetically modified organisms (GMOs) are not

labelled on food products in Canada and the USA, despite being labelled in 64 countries around the world. The human core of the story comes from the rich food legacy director Giroux inherits from her mother, an avid gardener and food activist. As people on both sides of the labelling issue speak out, **Modified** exposes the cozy relationship between agribusiness and government, and along the way, a very strong case is made for a more sustainable and transparent food system.

“Enlightening and powerful!” chef and author Jacques Pépin

Audience Choice Award (Lunenburg Doc Fest 2017)

Best French-Canadian Film (Rendez-Vous Québec Cinéma 2018)

Saturday, October 13, 4pm

CHEF FLYNN

Dir: Cameron Yates | USA | 2018 | 83 min | English



Chef Flynn is a portrait of Flynn McGarry, probably the most wondrous wunderkind ever to hit the American culinary scene. At age 10, he corralled neighbourhood kids to

act as line cooks; at 12, he founded a supper club at home; at 16, he garnered a *New York Times Magazine* cover story. A genuine, self-taught and precocious gastronomic genius, it seems Flynn's every childhood move was captured by his mother, Meg – footage which provides back story when director Yates tells his tale. We feel the sting of online backlash to his emergence on the scene – and there's something ever-so-slightly unsettling about Meg's obsessive, sometimes oppressive parenting. That said, **Chef Flynn** shines as a showcase of Flynn's bewilderingly advanced culinary skills!

World Premiere, Sundance; International Premiere, Berlin

Saturday, October 13, 7:30pm

THE HEAT: A KITCHEN (R)EVOLUTION

Dir: Maya Gallus | Canada | 2018 | 75 min | English



There's something radical about the chefs in **The Heat: A Kitchen (R)evolution**: none are men. Veteran documentarian Maya Gallus's timely film shows how gifted women are transforming kitchen culture and grappling with its hierarchies and misogyny. Visiting with pioneering chefs in France, London, New York and Toronto, we see that not *all* female chefs have given up the hierarchical game – there seems to be some payback! – but **The Heat** asks why more attention is not paid to the few women who counter the macho stereotype of culinary cowboys ruling over fiercely stratified kitchens. While a generation fought to get out of the kitchen, another is fighting to get back in – and to be in quiet control.

Opening Night Film, Hot Docs 2018

TICKETS: \$15 (tax incl.)

FESTIVAL PASS:

4 films for \$50 (tax incl.)

Includes a **Festival Gourmet coupon** for 10% off at these local establishments:

Bistro Rutherford,

bistrorutherford.ca, 819-459-2100

La Confiserie, laconfiserie.ca, 819-459-1177

Le Hibou, cafelehibou.com, 819-459-8883

Les Fougères, fougères.com, 819-827-8942

The Village House,

thevillagehouse759.com, 819-459-1445

MJMD Pizza de Luigi,

mjmdluiqipizza.ca, 819-827-2882

Moulin Wakefield Mill,

wakefieldmill.com, 819-459-1838

Sunday, October 14, 4pm

SEEDS OF TIME

Dir: Sandy McLeod | 2015 | 77 min | English



A perfect storm is brewing as agriculture pioneer Cary Fowler races against time to protect the future of our food. Agricultural crop diversity has declined dramatically – less than *seven percent* of the diversity in U.S. vegetable crops remain that existed a century ago. Seed banks crumble, crop failures produce starvation and rioting, and the accelerating effects of climate change affect farmers globally. Indigenous Peruvian farmers are suffering those effects, as they work to save over 1,500 varieties of native potato. With little time to waste, both Fowler and the farmers embark on passionate, personal journeys to save one resource we cannot live without: our seeds.

“SEEDS OF TIME stands out as truly exceptional...it's just riveting filmmaking, a story swiftly and beautifully told.” Margaret Mead Film Festival

For more info, trailers, tickets and passes visit

WAKEFIELDDOCFEST.CA

SCHEDULE			
	12 OCT	13 OCT	14 OCT
4:00		Chef Flynn	Seeds of Time
7:30	Modified	The Heat: A Kitchen (R)evolution	